

I.A. Farbun, V.A. Trykhlіb

Porous Structure Influence of Coconut Carbon Sorbents and Acidity on the Sorption of Some Biologically Active Organic Compounds

Institute for Sorption and Problems of Endoecology, Kyiv, Ukraine, mandarin3169@gmail.com

The paper investigates the regulation of the hydrophobicity of KARBON™ carbon adsorbents by restoring its surface during heat treatment in argon and hydrogen, as well as oxidizing it with nitric acid. The sorption capacity of KARBON™ with respect to the tryptophan, arginine, indole, creatinine and vitamin B₁₂ as biologically active organic compounds of different molecular weight was studied. It was determined that the adsorption capacity of KARBON™ samples with respect to all the studied substances changes as follows: Ind > Cr > Trp > Arg > B₁₂. It has been shown that the sorption capacity of argon-treated KARBON™ adsorbent at pH = 7.5 is 2.6; 2.7 and 0.09 mmol/g in relation to tryptophan, creatinine and vitamin B₁₂, respectively. The adsorption capacity of these compounds is almost unchanged when the acidity changes from 7.5 to 2.0. The results obtained allows the use of KARBON™ adsorbent as a therapeutic and/or prophylactic agent for oral administration in chronic kidney and liver diseases, as well as a hemosorbent for the purification of blood outside the body.

Keywords: uremic toxins adsorption, amino acids adsorption, carbon adsorbents, tryptophan, arginine, indole, creatinine, vitamin B₁₂.

Received 19 August 2020; Accepted 15 December 2020.

Introduction

Uremic retention solutes or uremic toxins are products of amino acid-protein metabolism in the human body that accumulates in the blood of patients with the progression of chronic kidney disease (CKD). These uremic toxins lead to disorders of biochemical, physiological and cellular functions, the most severe of which are encephalopathy (uremia and confusion of consciousness) [1].

In the formation of uremic toxins excess of aromatic amino acids, namely, tryptophan, has pronounced dangerous pathogenic effect. Tryptophan causes a number of toxic symptoms and further reduces renal function, i.e. contributes to the progression of CKD [2]. Uremic toxins are grouped into three classes based on their molecular weight and chemical properties: (i) small, water-soluble solutes that are not protein-bound (< 500 Da), which can be easily removed by dialysis; (ii) middle molecules (500 – 35000 Da), which can be cleared using dialysis membranes with larger pore size or hemodiafiltration; and (iii) proteins as well as

hydrophobic, protein-bound uremic toxins (≈ 500 Da) [1].

Medical carbon sorbents are most used for internal environment control of a human body for toxic substances molecules excretion. They have high surface area, great strength, selectivity and high adsorption capacity to various toxins not only from aqueous solutions, but also under physiological conditions in the presence of salt ions, amino acids, peptides and proteins [3]. Some uremic toxins (for example, indoxyl sulfate) exist not only in human body fluids, but also in the digestive tract [4]. Therefore, activated carbon can be used as enterosorbents to remove poisonous, ballast and potentially dangerous substances from the human body by absorbing or neutralizing them in the gastrointestinal tract, thereby reducing the load of toxins on the kidneys [5]. However, activated carbon is very hydrophobic and it is not suitable for the substances adsorption that cause uremia (ionic organic compounds arginine and creatinine) [6].

It is known that in the synthesis of adsorption materials sorbents are preferred, which contain pores of

different sizes in their structure. This allows the removal of various toxins (low- and medium molecular weight substances, protein compounds). Therefore, in Institute for Sorption and Problems of Endoecology, National Academy of Sciences of Ukraine synthesized activated carbon KARBON™, which is based on coconut shell [7], is used as a hemosorbent for purification of blood outside the human body [8] due to its high structural and adsorption-kinetic properties [9]. Taking into account the special biochemical and toxicological effects of tryptophan and phenylalanine metabolites on the human body, it was proposed to use KARBON™ as an enterosorbent to remove excess aromatic and heterocyclic amino acids [10].

The aim of the present work was to carry out restoration and/or oxidation of the KARBON™ adsorbent surface (to regulate its hydrophobicity), and determine the effect of KARBON™ surface chemistry on its sorption capacity with respect to tryptophan, arginine, indole, creatinine and vitamine B₁₂ as biologically active substances. We believe that the compliance of the porous structure parameters of the modified carbon materials to the sizes of the molecules removed will be a decisive factor in the efficient implementation of sorption processes.

I. Materials and methods of research

The KARBON™ carbon adsorbents (bulk density of 0.35 g/cm³, fraction of 0.25 - 0.63 mm (enterofraction)), synthesized with the use of additional steam-air activation of commercial activated AquaCarb 607 C carbon (Chemviron Carbon, Belgium) obtained from a coconut shell [7]. The samples of KARBON™-0.35 adsorbent were reduced with argon and hydrogen at temperatures of 500 °C (1 hour) and 700 °C (1.5 hours), respectively, and oxidized by boiling in 35 % nitric acid for 1 - 6 hours (OC, static exchange capacity (SEC) is from 0.4 to 2.8 mg-eq/g) and then used to the sorption study of biologically active substances. Substances of analytical grade (Macrochem, Ukraine): L-tryptophan, L-arginine, indole, creatinine and vitamine B₁₂ (purity of 98 %, Alfa Aesar, USA) were used as adsorbates.

The porous structure of the carbon materials was studied by low-temperature (77 K) adsorption of nitrogen on a NOVA 2200 surface gas analyzer (Quantachrome, USA). The specific surface area (Ssp.tot, m²/g), the pores volume (V, cm³/g), the pores radius (r, nm), and the size distribution of the pore volumes (dV/d log r) were calculated by the BET, BJH and density functional theory (DFT) methods with data from the desorption isotherms using AsiQ 3.0 software.

The geometric descriptors (milogP; TPSA, nm²; n-ON, nm²; n-OHNH, nm²; V, nm³) of amino acids, their metabolites, and vitamine B₁₂ were calculated using Molinspiration Cheminformatics method [11] of the Molinspiration website (www.molinspiration.com). The radii of adsorbates molecules (R, nm) corresponding to the volume of the investigated molecules were obtained with the data in Table 2.

The absorbing capacity of the carbon materials was studied by adsorption of the substances from

physiological solutions, initial concentrations of up to 20 (tryptophan, indole), 24 (arginine), 35.5 (creatinine) and 0.37 (vitamine B₁₂) mmol/L. The sorption experiments were carried out under static conditions with agitation for 4 h with a 0.1 g sample of the sorbent that had been dried at 378 – 383 K and with 25 mL of the adsorbates solutions at pH = 1.5 - 2.5 (upper zone – the bottom and body of the human stomach) and 7.0 - 7.5 (lower zone – the antrum of the stomach). The pH was adjusted by adding 0.1 M HCl solution; the equilibrium value of the acidity was measured on the И-160M pH-meter (Ukraine). The UV absorbance spectra of compounds were recorded using a Shimadzu UV-2450 spectrophotometer (Japan) from 190 to 1000 nm. The equilibrium concentrations of tryptophan, arginine, indole, and creatinine were determined in quartz cuvettes (*l* = 10 mm) at λ = 279, 202, 269, and 233 nm, respectively. The content of vitamin B₁₂ was determined by the photolorimetric method on a KFK-3-01 colorimeter (Ukraine) at 540 nm.

The sorption capacity (*A*, mmol/g) was calculated according to the equation

$$A = \frac{(C_{in} - C_{eq})V}{1000m}, \quad (1)$$

where *C*_{in} and *C*_{eq} are concentrations of the adsorbate in the initial and equilibrium solutions, mmol/L; *V* is the volume of the solution, mL; *m* is the mass of the sorbent, g.

II. Results and discussion

Investigations of the porous structure of the carbon materials show that the adsorption/desorption isotherms of nitrogen with initial KARBON™ carbon adsorbent as well as treated with argon (hydrogen) or nitric acid KARBON™ belong to type 1 of the IUPAC classification with hysteresis loop type H4 [12] (Fig. 1). The sharp increase of the amount of absorbed nitrogen at a low relative pressure and the presence of a hysteresis loop at moderate and high pressure confirm that these adsorbents are a micro-mesoporous materials.

Micropores and mesopores distribution of KARBON™ carbon adsorbents, calculated using BJH

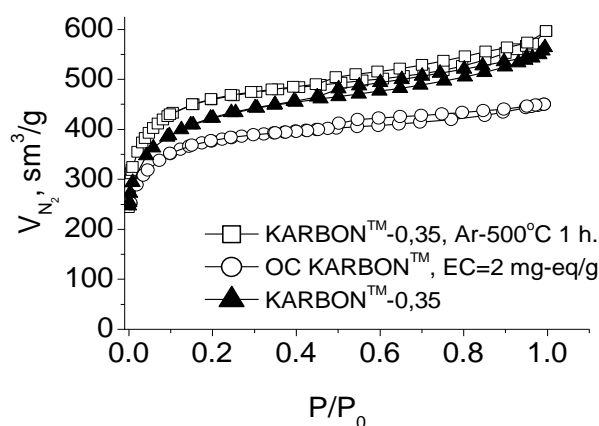


Fig. 1. Adsorption/desorption isotherms of nitrogen on samples of KARBON™ carbon adsorbents.

and DFT methods, are presented in Fig. 2. Porous structure parameters of the corresponding samples are shown in Table 1. It is seen that the use of different pore-forming agents leads to different of pore volumes distribution (Fig. 2 and table 1). Thus, treatment of KARBON™ carbon with nitric acid helps to reduce the amount of mesopores. All adsorbents studied contains micropores with sizes of 0.6 - 1.0 nm and mesopores with sizes of 1 - 1.5 and 2 - 3 nm. However, the highest specific surface area and the largest of mesopores volume have the argon-treated of KARBON™ sample.

The choice of subjects for the investigation was based on the fact that the amino acids tryptophan and arginine, as well as their metabolites indole and creatinine are representatives of low molecular weight compounds. Indole is a precursor of the hazardous uremic toxin indoxyl sulfate, which is bound to the proteins and is not removed during dialysis; creatinine is an indicator of kidney function and a low-molecular water-soluble toxin that are removed by dialysis (Scheme 1) [1]. Vitamine B₁₂ is a model of middle molecular weight toxins which can't be properly removed during

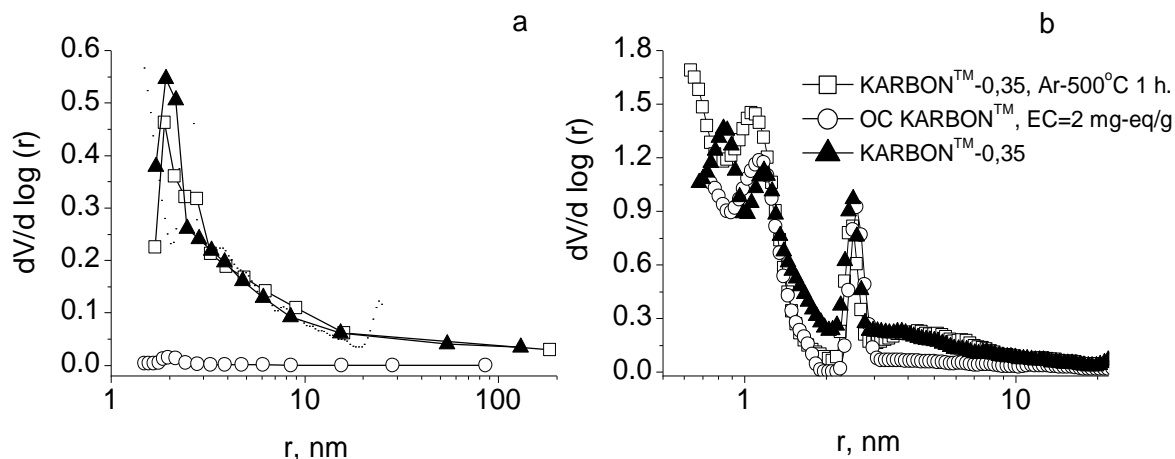
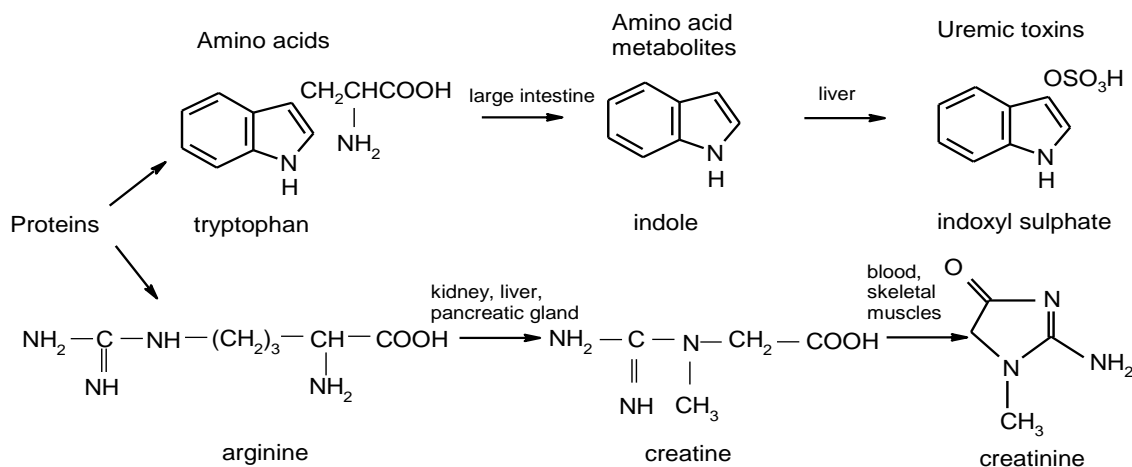


Fig. 2. Differential size distribution curves of the pores (BJH (a) and DFT (b) methods) on samples of KARBON™ carbon adsorbents.

Table 1

Porous structure parameters of KARBON™ carbon sorbents

Carbon	$S_{sp.tot}$ (BET), m^2/g	V_{tot} (BET), sm^3/g	V_{meso} (BJH), sm^3/g	Mesopores, %	R_{aver} (BET), nm
KARBON™-0,35, Ar-500 °C 1 h.	1730	0.92	0.24	26.1	1.1
KARBON™-0,35, H ₂ -700 °C 1,5 h.	1596	0.91	0.25	27.5	1.1
KARBON™-0,35	1545	0.87	0.24	27.6	1.1
OC KARBON™, EC=0,4 mg-eq/g	1516	0.76	0.16	21.1	1.0
OC KARBON™, EC=1,1 mg-eq/g	1449	0.71	0.14	19.7	1.0
OC KARBON™, EC=2,0 mg-eq/g	1413	0.70	0.14	20.0	1.0
OC KARBON™, EC=2,8 mg-eq/g	1273	0.68	0.16	23.5	1.1



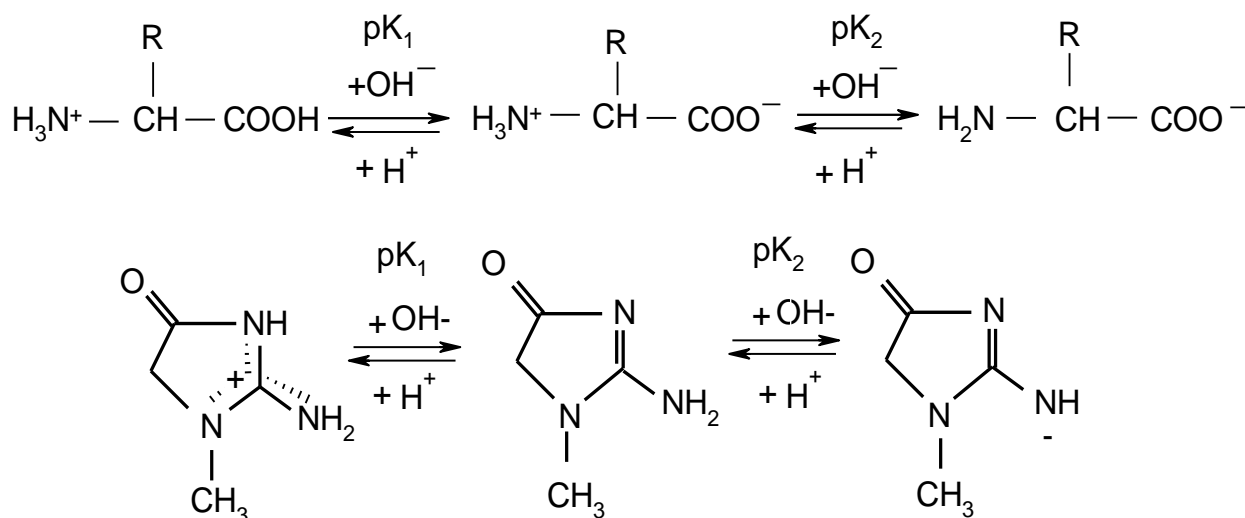
Scheme 1. Amino acids metabolism.

Table 2

Physico-chemical characteristics of the employed adsorbates

Adsorbate	M.w.	Molinspiration Cheminformatics method					R, nm
		milogP	TPSA, nm ²	nON (TPSA), nm ²	nOHNH (TPSA), nm ²	V, nm ³	
Indole (Ind)	117	2.16	0.158	1 (0.079)	1 (0.079)	0.113	0.30
Tryptophan (Trp)	204	-1.08	0.791	4 (0.396)	4 (0.396)	0.185	0.35
Arginine (Arg)	174	-3.76	1.277	6 (0.588)	7 (0.688)	0.164	0.34
Creatinine (Kp)	113	-1.15	0.587	4 (0.391)	2 (0.196)	0.101	0.30
B ₁₂	1355	-1.95	4.621	27 (2.902)	15 (1.720)	1.150	0.65

Note. Data obtained with Molinspiration Cheminformatics method; milogP is the method for logP (octanol-water partition coefficient) prediction developed at Molinspiration; TPSA is the *topological polar surface area of a molecule*, nm²; nON (TPSA) is the number of hydrogen bond acceptors, nm²; nOHNH (TPSA) is the number of hydrogen bond donors, nm²; V is the volume of the adsorbate molecule, nm³; R is the radii corresponding to the volume of the investigated molecules, nm.



Scheme 2. Dissociation of amino acids and creatinine in a aqueous solutions.

dialysis and cause complications (including neuropathy) in patients undergoing ongoing extracorporeal blood purification.

The important characteristics of the employed adsorbates are presented in Table 2. It is seen that the adsorbated molecules volumes changes in the following order: B₁₂ > Trp > Arg > Ind > Kp; milogP decreased in the following order: Ind > Trp > Kp > B₁₂ > Arg; TPSA, nON (TPSA) and nOHNH (TPSA) changes as follows: B₁₂ > Arg > Trp > Kp > Ind.

In aqueous solutions at pH < 2 amino acids exist in the form of cations, at neutral pH values – in the form of zwitterions, in an alkaline medium – in the form of anions [13]. Creatinine at low pH values exists in a protonated form, at pH = 7 – in a molecular form, in alkaline medium – in a deprotonated form (pK₁ = 4.83 and pK₂ = 9.2) [14] (Scheme 2). The addition of acids to vitamin B₁₂ leads to its transition to the protonated form; the addition of 0.1 M alkali solutions at 100 °C for 10 minutes causes a loss of biological activity of vitamin B₁₂, although its physical properties remain unchanged [15] (in Scheme 2 is not shown).

It is known that the adsorption maximum of amino acids occurs near their isoelectric points [16] (pI, 5.89

and 10.76 for tryptophan and arginine, respectively) [17]. It was found that at pH = 4.5 - 10.3 there is a slight decrease in the binding of vitamin B₁₂ to human serum, and at very high acidity and alkalinity – a marked decrease in the binding of vitamin B₁₂ [18].

The study of the sorption properties of KARBON™ carbon adsorbent restored by argon and hydrogen with respect to tryptophan and indole showed that the absorption capacity of both adsorbents is almost the same (Fig. 3,a). This is due to the high thermal stability of the surface functional groups of the activated carbon [19]. Therefore, it is not advisable to use higher temperatures and time to recover the samples.

Sorption capacity of tryptophan, arginine, indole, creatinine and vitamin B₁₂ on oxidized KARBON™ as function of oxidation degree of the carbon sorbent surface was studied. It was proved that sorption capacity with respect to all investigated substances (Fig. 3,b) naturally decreases with increasing oxidation degree of carbon materials, which is explained by a smaller specific surface and the amount of mesopores of oxidized carbon (Table 1). Therefore, it is not advisable to apply the carbon surface modification with any oxidizing agent.

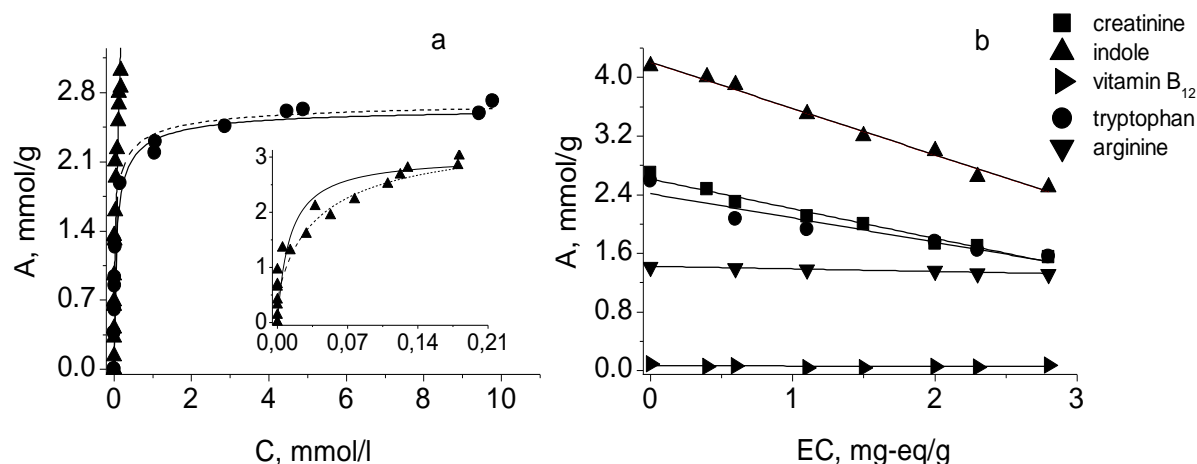


Fig. 3. Adsorption/desorption isotherms of tryptophan and indole on samples of KARBONTM-0,35, H₂-700 °C 1,5 h (----) and КарбонTM-0,35, Ar – 500 °C 1 h (- - -) (a) and the dependence of the adsorption capacity of substances on the degree of oxidation of КарбонTM-0,35, Ar – 500 °C 1 h (б); pH ≈ pI.

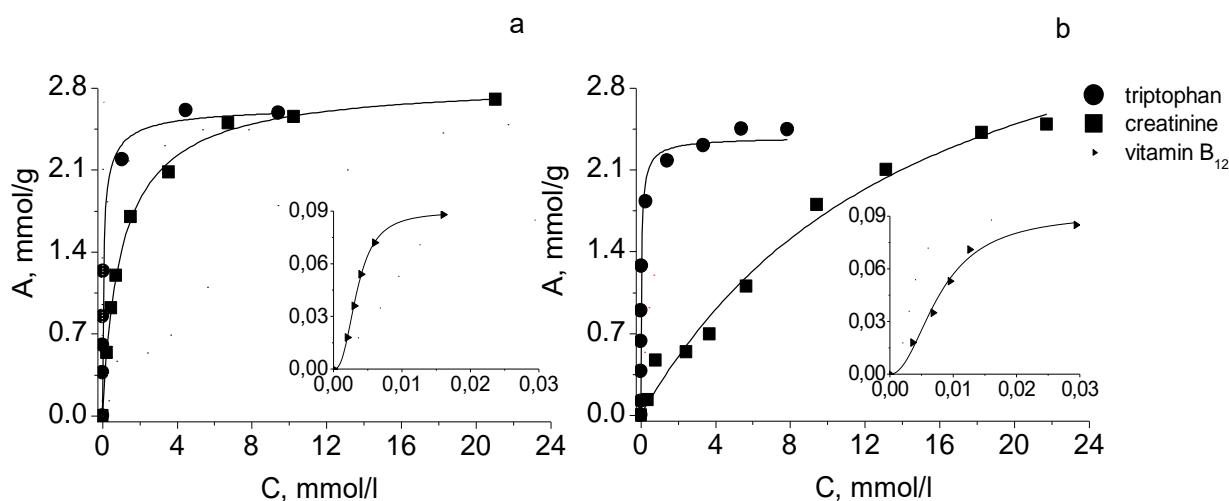


Fig. 4. Adsorption/desorption isotherms of tryptophan, creatinine and vitamin B₁₂ on activated carbon KARBONTM-0,35, Ar – 500 °C 1 h at pH = 7,5 (a) and pH = 2,0 (б).

The obtained results allowed to establish the SEC effect on the absorption capacity of amino acids, their metabolites and vitamins: Ind>Kp>Trp>Arg>B₁₂. Comparing the influences of SEC and H-bond donors it is seen that their rows have an inverse relationship (Table 2). This indicates that vitamin B₁₂ has a large number of donor groups and a TPSA surface that forms hydrogen bonds. Therefore, the vitamin B₁₂ adsorption is the least dependent on SEC. The adsorption of the indole, which contains the fewest donor groups and the TPSA surface, which does not form hydrogen bonds, is most dependent on SEC. The study of the sorption properties of KARBONTM adsorbent treated with argon at pH = 7.0 - 7.5 showed that its adsorption capacity is 2.6; 2.7 and 0.09 mmol/g relative to tryptophan, creatinine and vitamin B₁₂, respectively (Fig. 4,a). The high values of the adsorption capacity of the KARBONTM adsorbent with respect to amino acids and their metabolites are due to the fact that in the KARBONTM there are micropores with a radius of 0.6 nm [8]. Vitamin B₁₂ molecules have more branched structure than molecules of others adsorbates. Therefore, for the vitamin B₁₂ adsorption it is

not the adsorbent total pore volume that is important, but the presence in its structure of pores available to the molecules of the marker substance. It is known that vitamin B₁₂ has dimensions of 1.14x1.835x1.412 = 2.954 nm³; based on this, the radius of the vitamin B₁₂ molecule is 0.89 nm. Therefore, pores with a radius of more than 0.9 nm are available for adsorption of B₁₂ molecules. At the same time, for effective sorption, the sorbent must also have pores with a radius of 1.2 - 1.6 nm [20] and 4 - 25 nm [21].

The adsorption capacity of tryptophan, creatinine and vitamin B₁₂ is practically unchanged when the acidity of the medium changes from 7.5 to 2.0 (Fig. 4,b). It has been proven that vitamin B₁₂ molecules do not contain groups that are capable of dissociation in the investigated pH range (pH = 2 - 7) [22]. We did not study the adsorption properties of argon-treated KARBONTM adsorbent with respect to indole, because this substance is not formed in the acidic environment of the human stomach [17].

Conclusions

The connection between structural-morphological, physicochemical and adsorption characteristics of the obtained KARBON™ carbon adsorbents is established. It is shown that the specific surface area, pore size distribution, hydrophobicity and adsorption activity of KARBON™ can be controlled by changing the type of modifier and heat treatment time.

The study of tryptophan, arginine, creatinine, indole and vitamin B₁₂ adsorption on the KARBON™ carbon

adsorbent with different hydrophobicity showed that the KARBON™ is a therapeutic and/or prophylactic agent for oral administration in chronic kidney and liver diseases.

Farbun I.A. – Candidate of Chemical Sciences, Senior Researcher of the Department of Fine and Inorganic Synthesis;

Trykhlіb V.A. – Researcher of the Department of Fine and Inorganic Synthesis.

- [1] R. Vanholder, R. De Smet, G. Glorieux, A. Argiles, U. Baurmeister, P. Brunet, W. Clark, G. Cohen, P.P. De Deyn, R. Deppisch, B. Descamps-Latscha, T. Henle, A. Jörres, H.D. Lemke, Z.A. Massy, J. Passlick-Deetjen, M. Rodriguez, B. Stegmayr, P. Stenvinkel, C. Tetta, C. Wanner, W. Zidek, *Kidney International* 63(5), 1934 (2003) (<https://doi.org/10.1046/j.1523-1755.2003.00924.x>).
- [2] T. Niwa, *Nagoya Journal of Medical Science* 72(1-2), 1 (2010) (https://www.med.nagoya-u.ac.jp/medlib/nagoya_j_med_sci/7212/p001-012_Niwa.pdf).
- [3] D. Bergé-Lefranc, H. Pizzala, R. Denoyel, V. Hornebecq, J.-L. Bergé-Lefranc, R. Guieu, P. Brunet, H. Ghobarkar, O. Schäf, *Microporous and Mesoporous Materials* 119(1-3) 186 (2009) (<https://doi.org/10.1016/j.micromeso.2008.10.016>).
- [4] T. Mitome, Y. Uchida, Y. Egashira, K. Hayashi, A. Nishiura, N. Nishiyama, *Colloids and Surfaces A: Physicochemical and Engineering Aspects* 424(5), 89 (2013) (<https://doi.org/10.1016/j.colsurfa.2013.02.022>).
- [5] C. Brunori, B.F. Viola, P. Maiorca, C. Cancarini, *Blood Purification* 26(1), 36 (2008) (<https://doi.org/10.1159/000110561>).
- [6] Kh. Kurokava, K. Khibi, T. Kousaka, K. Sudzuki, Pat. 2627464C2 RU, ICP A 61 K 33/44, A 61 P 1/16, A 61 P 39/02, B 01 J 20/20, B 01 J 20/30, C 01 B 31/10. Publ. 20.11.2014, Bull. № 32;
- [7] V.A. Trykhlіb, V.V. Strelko, Pat. 109548 UA, ICP A 61 K 33/44, C 01 B 31/08, B 01 J 20/20, B 01 J 20/30. Publ. 25.08.2016, Bull. № 16/2016;
- [8] F.I. Kazakov, V.V. Kirkovsky, *The Medical Journal* 1, 65 (2014).
- [9] Y.V. Isaieva, I.A. Farbun, V.A. Trykhlіb, *Theoretical and Experimental Chemistry* 54(6), 414 (2019) (<https://doi.org/10.1007/s11237-019-09589-3>).
- [10] I.A. Farbun, V.A. Trykhlіb, N.N. Tsyba, *Voprosy Khimii i Khimicheskoi Tekhnologii* 129(2), 125 (2020).
- [11] P. Ertl, B. Rohde, P. Selzer, *Journal of Medical Chemistry* 43, 3714 (2000) (<https://doi.org/10.1021/jm000942e>).
- [12] K.S.W. Sing, D.H. Everett, R.A.W. Haul, L. Moscou, R.A. Pierotti, J. Rouquerol, T. Siemieniewska, *Pure and Applied Chemistry* 57(4), 603 (1985) (<https://doi.org/10.1515/iupac.57.0007>).
- [13] Q. Gao, W. Xu, Y. Xu, D. Wu, Y. Sun, F. Deng, W. Shen, *Journal of Physical Chemistry B* 112(7), 2261 (2008) (<https://doi.org/10.1021/jp0763580>).
- [14] B. Koubaissy, J. Toufaily, Z. Yaseen, T.J. Daou, S. Jradi, T. Hamieh, *Adsorption Science and Technology* 35(1-2), 3 (2017) (<https://doi.org/10.1177%2F0263617416666084>).
- [15] J. Kirschbaum, *Analytical Profiles of Drug Substances* 10, 183 (1981).
- [16] J. Goscińska, A. Olejnik, R. Pietrzak, *Adsorption* 19(2-4), 581 (2013) (<https://doi.org/10.1007/s10450-013-9481-z>).
- [17] A.L. Lehninger, *Principles of Biochemistry* (Worth Publishers, Inc, 1982).
- [18] P. Newmark, S. Mester, *Biochimica et Biophysica Acta* 343(3), 627 (1974) ([https://doi.org/10.1016/0304-4165\(74\)90281-5](https://doi.org/10.1016/0304-4165(74)90281-5)).
- [19] L. Li, X. Yao, H. Li, Z. Liu, W. Ma, X. Liang, *Journal of Chemical Engineering of Japan* 47(1), 21 (2014) (<https://doi.org/10.1252/jcej.13we193>).
- [20] E.V. Veprikova, I.P. Ivanov, N.V. Chesnokov, B.N. Kuznetsov, *Journal of Siberian Federal University. Chemistry* 11(4), 488 (2018) (<https://doi.org/10.17516/1998-2836-0093>).
- [21] J-B. Yang, L-C. Ling, L. Liu, F-Y. Kang, Z-H. Huang, H. Wu, *Carbon* 40(6), 911 (2002) ([https://doi.org/10.1016/S0008-6223\(01\)00222-6](https://doi.org/10.1016/S0008-6223(01)00222-6)).
- [22] S.N. Lanin, S.A. Rychkova, A.E. Vinogradov, M.B. Viryasov, I.A. Vostrov, I.A. Shatalov, *Sorbcionnye i Khromatograficheskie Processy* 15(2), 179 (2015) (<http://www.sorpchrom.vsu.ru/articles/20150204.pdf>).

І.А. Фарбун, В.А. Трихліб

Вплив поруватої структури кокосових вуглецевих сорбентів та кислотності середовища на сорбцію деяких біологічно активних органічних сполук

Інститут сорбції та проблем ендоекології НАН України, Київ, Україна, mandarin3169@gmail.com

У статті вивчено регулювання гідрофобності вуглецевого адсорбенту Карбон™ шляхом відновлення його поверхні під час термічної обробки в аргоні та водні, а також окисненні нітратною кислотою. Досліджено адсорбційну здатність вугілля Карбон™ до триптофану, аргініну, індолу, креатиніну та вітаміну В₁₂ як біологічно активних органічних сполук різної молекулярної маси. Встановлено, що сорбційна ємність зразків вугілля Карбон™ по відношенню до всіх вивчених сполук змінюється в ряду: Ind > Cr > Trp > Arg > В₁₂. Показано, що сорбційна ємність вугілля Карбон™, обробленого аргоном, при рН = 7,5 становить 2,6; 2,7 та 0,09 ммоль/г щодо триптофану, креатиніну та вітаміну В₁₂ відповідно. Адсорбційна здатність цих сполук майже не змінюється, коли рН середовища змінюється з 7,5 до 2,0. Одержані результати дозволяють використовувати адсорбент Карбон™ як лікувальний та/або профілактичний засіб для перорального прийому при хронічних захворюваннях нирок та печінки, а також як гемосорбент для очищення крові поза організмом.

Ключові слова: адсорбція уремічних токсинів, адсорбція амінокислот, вуглецеві сорбенти, триптофан, аргінін, індол, креатинін, вітамін В₁₂.